

# **CIRCLES4EU**

### Expanding Circles of Support and Accountability in Europe

Bas Vogelvang

Professor of Probation, Parole and Safety Policy Circles4EU Quality Manager

Center for Public Safety and Criminal Justice Avans University | Den Bosch | The Netherlands World Congress on Probation, London, October 10, 2013



## Circles of Support and Accountability (COSA)

II Circles4EU





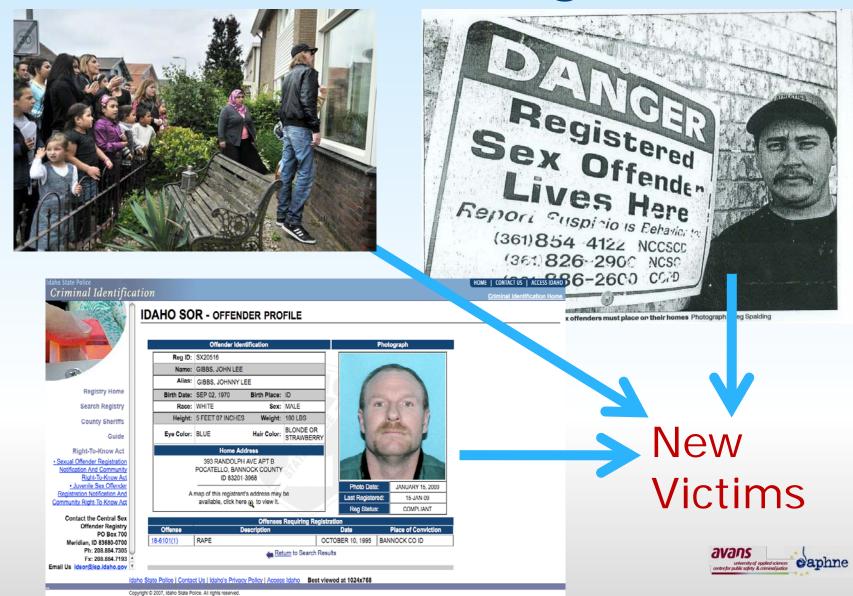


# Reintegration of sex– offenders:

- Community costs of recidivism are high
- Climate of fear / lack of unbiased information
- Community reactions to release of sex offenders
- Stigmatisation and exclusion
- Social isolation and marginalization
- Lack of monitoring
- Long term risk of recidivism



## How we are treating them



## Best of both worlds

Support → Control ↓	Low	High
High	AGAINST Punishment	WITH <i>Restoration</i>
Low	WITHOUT Neglect	FOR <i>Permission</i>



## Mission of COSA Circles of Support and Accountability

# "No more victims" "No more secrets"







## COSA: what happens?

- Weekly circlemeetings (phase 1)
  - Establishing a relationship
  - Discussing risk & needs
  - Relapse prevention
  - Social support
  - 24/7 support by telephone
- Individual support (phase 2, after app. 1 -1,5 years)
- Evaluation of progress (quarterly)
- Safety rules



Circle goals: Who?	Social capital formation	Human capital formation	Relapse- prevention	Circle redundancy Circle coordinator,
		circle		inner and outer circle
Circle functions: Activities:	<ul> <li>Social inclusion:</li> <li>Be available and offer support</li> <li>Model and stimulate respect, openness and trust</li> <li>Offer and stimulate social activities/prosocial relationships</li> </ul>	<ul> <li>Behaviour change:</li> <li>Hold accountable</li> <li>Develop targets and cooperation</li> <li>Offer advice, guidance and encouragement</li> </ul>	Risk reduction and risk management: - Monitor and discuss risk and problem behavior - Confront core member - Share information - Intervene	Evaluation and improvement: - Evaluate and support group proces - Evaluate and discuss core member process - Safeguard model and program integrity
Consequences for core	Sense of belonging Self-esteem, hope and	Engagement Improved life-skills	Risk awareness Offence free life	Effective circle
member:	motivation Trust in others	and self-regulation Improved self-efficacy		
Consequences for society:	No more victims Public safety			

Höing, M., Vogelvang, B.O & Bogaerts, S. (2013): Circles of Support and Accountability: How and Why They Work for Sex Offenders. *Journal of Forensic Psychology Practice* 13: 4; p. 267-295

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### • Circles UK DVD





# Not without conditions

#### Core member

- Mid to high risk
- No more victims
  - Accepts responsibility and accountability
  - Motivation to not reoffend
  - Willing to share information about offence and risk factors with volunteers
- Treatment & relapse prevention plan
- Mandated supervision (e.g. supervision order)

#### Volunteers

- Selection, training, coaching,
- Material support
- Prevent citizens turning into pro's

#### Professionals

- Present and supportive
- Use power if necessary



## Circles are values based

- "The first Canadian Circle was rooted in deeply felt beliefs about humanity and compassion of a religious community: because we want no more victims and because no one is disposable."
  - Circles European Handbook
- "Circles are 'deliveries systems of resilience' for offenders and communities who are both trying to put the pieces together again. As circles of unconditional, tough love we can make an incredible impact in restoring wholeness right where we live."
  - Harry Nigh, circles founder



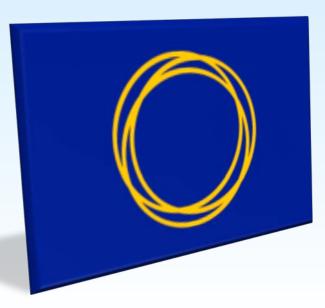
## Circles are science-based

- Four outcome studies report comparisons in the sexual re-offense rate of COSA Core Members versus control subjects :
  - Wilson, McWhinnie, Picheca, Prinzo, & Cortoni, 2007;
    - < 70%
  - Wilson, Cortoni, & McWhinnie, 2009;
    - < 83% (p.=055)</pre>
  - Bates, Williams, Wilson, and Wilson, 2013;
    - < 75%
  - Duwe, 2013;
    - < 40%



# Circles4EU

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# Circles are spreading

- Started:
  - Canada
  - USA
  - United Kingdom
  - Netherlands
  - Belgium
  - New Zealand

- Preparing:
  - Latvia
  - Spain (Catalonia)
  - Bulgaria
- Orienting:
  - France
  - Ireland
  - Hungary





## The European partners







## The European partners

#### **Netherlands:**

- Avans University / Circles NL (lead partner)
- Dutch Probation / Circles NL
- Tilburg University
- CEP

#### **England & Wales:**

- Circles UK
- Nottingham University **Belgium:**
- Justice House

#### Catalonia:

- PGDC
- University of Barcelona / GEAV
- Caixa Foundation **Bulgaria**:
- IGA

#### Latvia:

- Latvian Probation Service
- Latvian Prison Service
- University of Latvia (Riga)

#### Hungary:

- Ministry of Justice (Probation Services)
   Ireland:
- Ireland Probation
- France:
- ERIOS



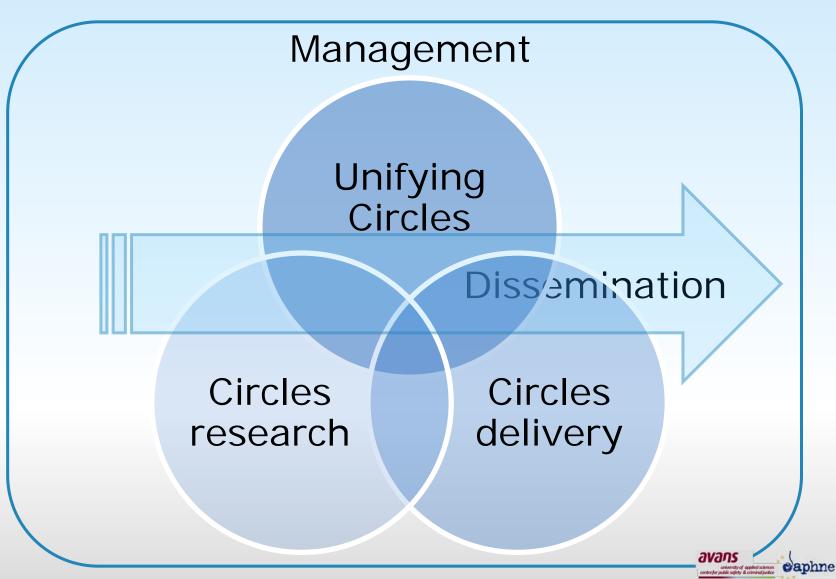
## Project rationale

- Both values and science support our intentions to spread the use of the circles model in Europe as a humane and effective approach.
- Circles4EU makes our intentions concrete through management, support and mutual learning
- Circles are vulnerable: Circles4EU chooses a careful approach
- Circles4EU is based on our experiences in the Circles Together for Safety project
  - UK, Netherlands, Belgium (2009-2011)
  - COSA European Handbook



## 5 workstreams

January 2013 – December 2014



# Workstream 1: Unifying Circles

- Who are we, what binds us, what are our common goals and standards?
- Focus on the most essential elements of COSA, its principles, values, standards and processes.
- Cohesion: CEP as natural workstream leader.
- Objectives:
  - 1. Establishment of a network for training, guidance, support and accountability <u>✓</u>
  - Defining, unifying and sharing the Circles model: principles, values, standards and processes ✓
  - 3. Strengthening the national context for the Circles model <u>>></u>



# Major outcomes and deliverables workstream 1

- Circles EU Network
- Circles EU International volunteer group
- First and Second European Circles Conference
- Preparing national Circles context in orienting countries
- Register of Experts
- Circles EU Website
- Circles EU Definitions and Standards
  - Model integrity → research based
- Updated Circles EU Handbook 2014
  - Best practices EU-wide → research based



### Workstream 2: Circles implementation & deliverance

- Circles4EU Network supports Circles Projects in Bulgaria, Latvia and Catalonia:
  - Local recruiting, selection, qualification of circles coordinators <u>✓</u>
  - Training of circles managers and volunteers  $\checkmark$
  - Implementation plans and national circles handbooks
  - Sustaining program integrity <u>>></u>
  - Getting longer term funding <u>>></u>
  - Orienting countries, *France, Hungary and Ireland* will 'look over the shoulder' of the starting countries during study visits / seminars >>
    - Go No Go criteria
- Leader: Circles UK, working together with Circles NL



# Major outcomes and deliverables workstream 2

- Circles EU Network support for national Circles projects
- National Circles projects:
  - Kick-Off seminars
  - Qualified National Circles-managers, Circle coordinators, volunteers and core-members
  - Start and 1 year operation of 3 Circles in Latvia, Catalonia and Bulgaria
- National Implementation Plans, Circle Handbooks, Training Manuals
- Circles4EU Auditing Standards & Materials
- Audit Reports (6)
- Study visit reports of orienting countries (18)



# Workstream 3: Circles research

- Deepening and sharing our knowledge of COSA.
- Structural implementation/funding needs more factual arguments on top of values.
- Double focus:
  - Workstream 3 'serves and protects' the two other workstreams <u>>></u>
  - Workstream 3 combines current research and opens new possibilities:
    - effectiveness
    - model of change
    - new target groups
    - costs and benefits
    - impact on volunteers and society
  - Leaders: Universities Avans / Nottingham / Tilburg
    - Circles4EU research group



# Major outcomes and deliverables workstream 3

- Circles research group
- Action research for Governance Code and for Definitions and Standards
- Qualitative research for Circles best practices
- Process studies starting and partner countries
- National Circles Adoption Plans orienting partners
- Shared future research agenda
- 4 EU research applications
- Web-based Circles database and research section
- Circle volunteers and co-ordinators best practices
- Circles EU Future Strategies Report
- European Circles Handbook 2.0



# Circles stretching the probation paradigm

Honoring the knowledge base:

- Circles focus on risks, needs and responsivity
- •Circles promote desistance
  - Human & social capital, motivation, narrative identity

Opening new territories:

•Circles / citizen initiatives blur the borderline between rehabilitation and natural recovery:

- Circles show similar results as treatment
- Results are not a natural process because of a methodical approach

•Circles / citizen initiatives also blur the borderline between evidence-informed and morally-inspired 'practice'



- THANK YOU !
- b.o.vogelvang@avans.nl
- European COSA Handbook:
  - free download: <u>www.cosa-nederland.nl</u>
  - or sign in on the list at the entrance
- Come to the First European Circles Conference: October 28, Den Bosch, The Netherlands



This presentation has been produced with the financial support of the Daphne III Programme of the European Union. The contents of this publication are the sole responsibility of *Avans University of Applied Sciences* and can in no way be taken to reflect the views of the European Commission



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